

# Be part of...



Tell us how to keep you and yours  
living well in North East Essex.

20 February 2014  
2.30pm – 4.30pm  
& 7pm – 9pm  
COLCHESTER  
TOWN HALL

27 February 2014  
2.30pm – 4.30pm  
& 7pm – 9pm  
CLACTON  
WEST CLIFF THEATRE

To confirm your attendance please contact:  
01206 286899 or email [bigcaredebate@nhs.net](mailto:bigcaredebate@nhs.net)