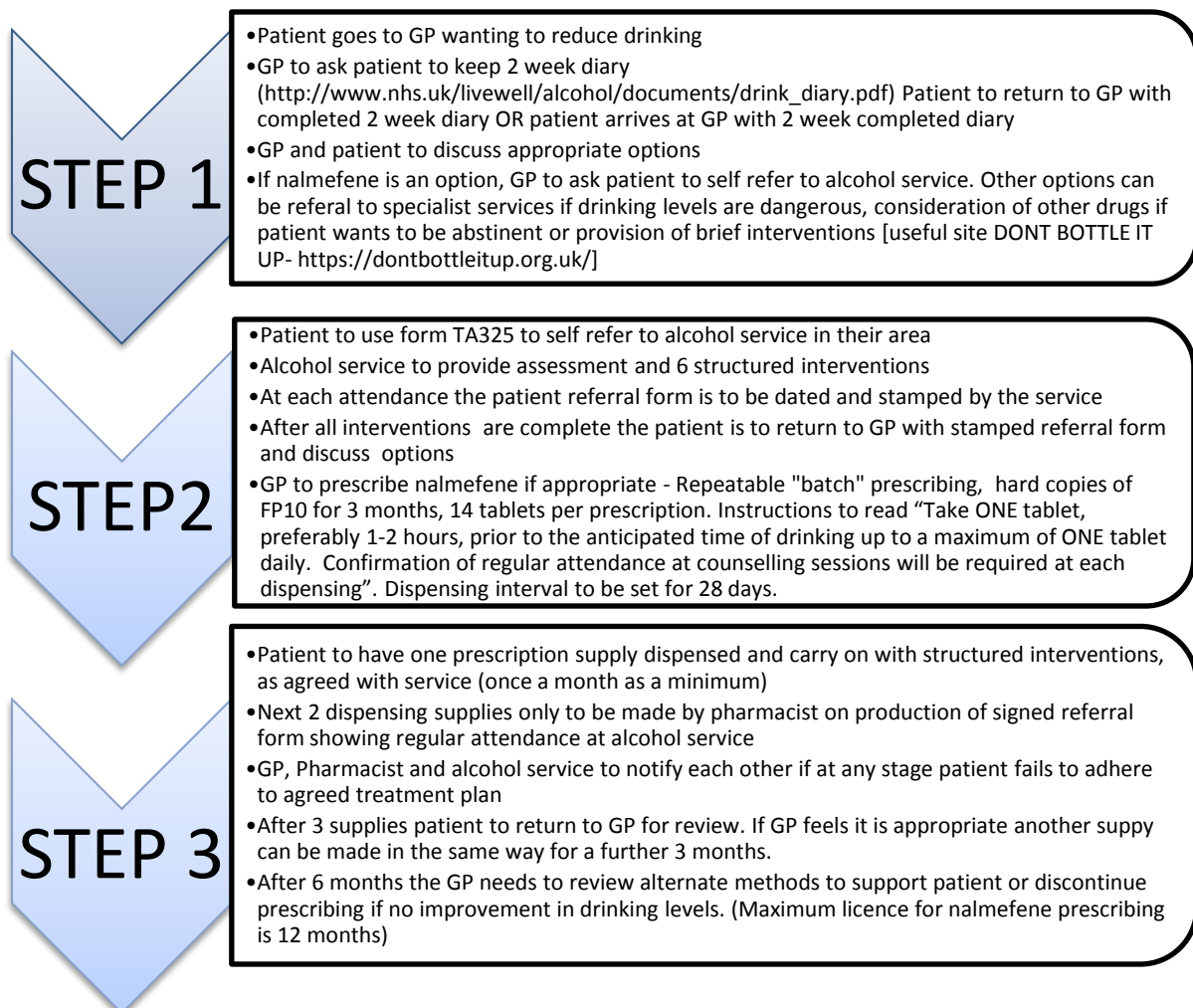


NALMEFENE ▼ PATHWAY

NICE TA325 (<http://www.nice.org.uk/guidance/ta325>) recommends nalmefene as a possible treatment for people with alcohol dependence in people with a high drinking risk level (DRL) that meet the following criteria:

- are still drinking more than 7.5 units per day (for men) and more than 5 units per day (for women) **2 weeks** after an initial assessment **and**
- do not have physical withdrawal symptoms **and**
- do not need to either stop drinking straight away or stop drinking completely **and**
- are **also** having on-going psychosocial support focused on treatment adherence and reducing alcohol consumption

PATHWAY



Nalmefene is contraindicated in:

- Patients taking opioid analgesics-this includes compound products such as co-codamol/co-dydramol and tramadol, as opioids interfere with the way in which nalmefene works.
- Patients with current or recent opioid addiction.
- Patients with acute symptoms of opioid withdrawal.
- Patients for whom recent use of opioids is suspected.
- Patients with severe hepatic impairment (Child-Pugh classification).
- Patients with severe renal impairment (eGFR <30 ml/min per 1.73 m2).
- Patients with a recent history of acute alcohol withdrawal syndrome (including hallucinations, seizures, and delirium tremens).

Nalmefene is not recommended for patients who are pregnant or breastfeeding.

Nalmefene is extensively metabolised by the liver and excreted predominantly in the urine. Therefore, **caution** should be exercised when prescribing to patients with mild or moderate hepatic or mild or moderate renal impairment. More frequent monitoring is recommended.

Nalmefene is not suitable for patients who require immediate abstinence.

For potential drug interactions see full Summary of Product Characteristics

<https://www.medicines.org.uk/emc/medicine/27609/SPC/Selincro+18mg+film-coated+tablets/>

ALCOHOL SERVICES IN THE ESSEX COUNTY COUNCIL AREA

<p><i>NORTH EAST ESSEX CCG AREA</i> 9 Oxford Road 9 Oxford Road, Colchester Essex CO3 3HN Tel: 01206 546854/503490 Email: phoenix9oxfordroad@ntlworld.com</p>	<p><i>WEST ESSEX CCG AREA</i> ADAS 118-124 The Stow Harlow, Essex CM20 3AS Tel: 01279 438716 / 641347 Email: admin@adasuk.org</p>
<p><i>MID ESSEX CCG AREA</i> CHOICES Service delivered by Open Road and EYPDAS (Essex Young People’s Drug & Alcohol Service) Mansard House, 107 – 109, New London Road, Chelmsford, Essex, CM2 0PP Tel: 0844 499 1323, Email: http://openroad.org.uk/contact_us/</p>	<p><i>BASILDON&BRENTWOOD /CASTLE POINT & ROCHFORD CCG AREAS</i> SYNERGY 14 Chapel Street, Billericay, Essex CM12 9LU Tel: 01277 655662 Email: admin@synergyaddiction.com</p>

SPECIALIST SERVICES CAN BE ACCESSED VIA THE ALCOHOL SERVICES OR DIRECTLY AT NORTH ESSEX PARTNERSHIP FOUNDATION TRUST