

Welcome to your fortnightly bitesized update from Healthwatch Essex.

Is this email not displaying correctly?  
[View it in your browser.](#)

# Bitesize

healthwatch  
Essex

June 22nd 2016

Welcome to your fortnightly update from Healthwatch Essex.

## Highlights

- We have been personally invited to Westminster next Tuesday (**28<sup>th</sup> June**) to the Department of Health to present our submission to their **carers consultation**. This follows our **blog** about carers that appeared on their website last month.
- On Monday (**27<sup>th</sup> June**) Mental Health services will go live on our online **Feedback Centre**. This follows close on the heels of GP Practices, and only leaves Community Services and Voluntary Services to be added next month.
- Five people from across Essex provided powerful testimonies about their experiences of being diagnosed and coping with various neurological conditions at the launch of our **555 Neurology Project report** on **8<sup>th</sup> June**.
- Our film of the **SWEET! debate** that brought together students from Tendring Enterprise Studio School and professionals from the NHS and social care sectors to highlight career options open to young people is now live on our website.

## Volunteer update

- We're inviting applications from anyone who could make a good **Mental Health Ambassador**. Our Ambassadors are key to raising the profile of Healthwatch Essex and providing an interface with the public, service users and carers.
- The Essex Safeguarding Adults Board is looking to appoint 2 or 3 volunteer Lay Members. If you are happy to represent the voice of service users, then email [paul.bedwell@essex.gov.uk](mailto:paul.bedwell@essex.gov.uk) or phone 03330 131019 for further information.

## In the news

- ECC has a new **Essex Children and Young People's plan**, which sets out how the most vulnerable children and young people will be given the best start in life, looking at key issues and highlighting what is going to be done to resolve them.
- A **Public Accounts Committee report** looking at personalised budgets for adult social care states that they are not assured local authorities can fully personalise care and save money, and are concerned that users' outcomes will be affected.
- According to a **Centre for Mental Health evidence review** that has just been published, children and young people with mental health difficulties go an average of ten years between first becoming unwell and first getting any help.
- The **Local Government Association** has said action needs to be taken to stop the rise in type 2 diabetes in children. A survey of children under 17 found that 95% of those diagnosed with Type 2 diabetes were overweight and 83% obese.
- For more policy updates and sector news, check out the '**Policy round up**' page **on our website** which we update every Monday.

## What's on?

- The **Essex Carers Network event** is taking place tomorrow (**23<sup>rd</sup> June**) in Chelmsford for people with learning disabilities (aged 16+) and family carers. It is essential that you book a place to attend this free session.
- The Care Quality Commission (CQC) is carrying out an inspection at the **Princess Alexandra Hospital Trust** on **28<sup>th</sup> and 29<sup>th</sup> June**. If you have information or a story to tell, do share your experiences with the **CQC**.
- The next **Basildon Disability Equality Forum Meeting** is scheduled for **6<sup>th</sup> July** and will focus on Physical Health, with speakers from SEPT talking about Pharmacy Services and a presentation from Healthwatch Essex.
- NHS England is running a consultation until **10<sup>th</sup> July** about **urgent dental care** services and is asking what you consider to be a dental emergency; what services you think should be available; and where these services should be located.
- Read more about upcoming events, consultations and public meetings on our **events page**.



If you no longer wish to receive this update, please [unsubscribe](#) from this list.

Copyright © 2016 Healthwatch Essex.  
All rights reserved.

developed by  
[design-is-good.com](http://design-is-good.com)

Healthwatch Essex Limited. A registered charity in England and Wales (No.1158356).  
A company limited by guarantee and registered in England (No.8360699).  
Registered office: RCCE House, Threshelfords Business Park, Inworth Road, Feering, Essex CO5 9SE.

This email was sent to [ray.hardisty@btopenworld.com](mailto:ray.hardisty@btopenworld.com)

[why did I get this?](#) [unsubscribe from this list](#) [update subscription preferences](#)

Healthwatch Essex · RCCE House, Threshelfords Business Park · Inworth Road, Feering · Essex, Essex CO5  
9SE · United Kingdom

MailChimp